

PATIENT INFORMATION

Name _____ Date _____
Address _____ Phone _____
City, State Zip _____ Cell Phone _____
Occupation _____ Work Phone _____
Employer _____ Date of Birth _____
Email _____ Soc. Sec. Num. _____
 Married Single Domestic Partner Other: _____
Spouse/Partner _____ Phone _____
Occupation _____ Work Phone _____
Emergency Contact _____ Relation _____
Phone _____

Doctor _____ Phone _____
Type of Doctor: ObGyn Family Physician Other (specify) _____

Insurance Information

Subscriber Name _____ Relation to Patient _____
Subscriber SSN _____ Subscriber Date of Birth _____
Subscriber Employer _____ Employer Phone Number _____
Insurance Company _____ Phone _____
Insurance Billing Address _____
ID/Subscriber Number _____ Group Or Plan # _____

Additional Insurance Information (if applicable)

Subscriber Name _____ Relationship to Patient _____
Subscriber Soc. Sec. Num. _____ Subscriber Date of Birth _____
Employer _____ Employer Phone Number _____
Name of Insurance Company _____ Phone _____
Insurance Billing Address _____
ID/Subscriber Number _____ Group Or Plan # _____

I hereby authorize the release of necessary information to my attending physician. I hereby authorize the release of information necessary to secure the payment of benefits by my insurance company. I understand I am financially responsible for all charges whether or not paid by my insurance. I authorize the use of this signature on all insurance submissions.

Patient Signature: _____ Date: _____

PATIENT PELVIC QUESTIONNAIRE

- 1) First day of your last period _____ Height _____ Weight _____
- 2) Are you Sexually Active? No Yes
- 3) Have you ever been sexually active? No Yes
- 4) Could you be pregnant? No Yes Unsure
- 5) Total number of pregnancies _____ Deliveries _____ Miscarriages _____
 Ectopics _____ Abortions _____
 C-Sections _____
- 6) What medications are you currently taking?
 a. Birth control: No Yes
 If yes: Pill Patch Nuva Ring Other _____
 Approximately how long have you been taking it? _____
 b. If Menopausal, are you taking Hormone Replacement Therapy? No Yes
 If yes, type: _____ For how long? _____
 c. List any other medications you are currently taking _____
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- 7) Do you have an IUD? No Yes
 a. If yes, type: _____ For how long? _____
- 8) What is the main reason for your ultrasound today? _____
- 9) Which of the following symptoms are you currently experiencing?
 a. Pelvic Pain No Yes
 If yes, which side? Right Left Both
 If both, which side is WORSE? Right Left Neither
 If yes, how long have you been having the pain? _____
 The pain is: Constant Comes and Goes Gone
 On a scale of 1-10, how severe is the pain? _____
 b. Do you have irregular cycles (not approx every 4 weeks)? No Yes
 If yes, how long have your cycles been irregular? _____
 c. Bleeding between periods? No Yes
 d. Heavy Periods? No Yes
 The flow is: Light Moderate Heavy With clots
 How long have you had abnormal bleeding? _____
 e. Painful intercourse No Yes
 f. Check IUD placement No Yes
 g. Cramping with cycles No Yes
 If yes: Mild Moderate Severe
 h. If postmenopausal, are you having abnormal bleeding? No Yes
 If yes, is the bleeding: Light Moderate Heavy With clots

PATIENT PELVIC QUESTIONNAIRE

10) Do you have a history of or have you been previously diagnosed with any of the following?

- a. Endometriosis No Yes
- b. Polycystic Ovarian Syndrome No Yes
- c. Fibroids No Yes
- d. Ovarian cysts No Yes
- e. Endometrial polyps No Yes
- f. Thyroid disorder? No Yes Type: _____
- g. Breast Cancer No Yes
If yes, are you taking or have you taken Tamoxifen recently? No Yes
- h. Gastrointestinal Cancer No Yes
- i. Family History of Ovarian Cancer or Breast Cancer?
 No Yes Relation: _____

Other diagnoses: _____

11) Have you had any of the following procedures/surgeries?

- a. Hysterectomy No Yes Date: _____
- b. Oophorectomy (ovarian removal) No Yes
If yes, which ovary was REMOVED? Right Left Both
Date of removal: _____
Reason for removal: _____
- c. Cesarean section No Yes Number: _____
- d. Tubal-ligation No Yes Date: _____
- e. Essure No Yes
- f. Laparoscopy No Yes Date: _____
- g. Endometrial biopsy No Yes Date: _____
- h. D&C No Yes Date: _____
- i. Myomectomy (fibroid) No Yes Date: _____
- j. Fibroid embolization No Yes Date: _____
- k. Endometrial ablation No Yes Date: _____
- l. Previous IUD No Yes Date: _____
- m. List other surgeries/procedures you have had and when: _____

12. Have you had any of the following?

- a. Prior pelvic Ultrasound No Yes Date: _____
- b. Abdominal/Pelvic CT No Yes Date: _____
- c. Pelvic MRI No Yes Date: _____
- d. Other: _____

13. Is there any additional information that you would like us to know?

Signature _____

TO OUR PATIENTS:

Our primary goal is to provide our patients with the highest quality of care in a reassuring, professional and caring environment. We also need to respectfully collect payment for VPS services to able to continue to provide the same excellent care to each and every patient. In collecting payments due, we strive to inform our patients of any financial obligations and provide available payment options.

The following is an explanation of the Valley Perinatal Service policies regarding payment for services provided to you.

- You are responsible for payment of all services provided by Valley Perinatal Services. An estimate of your charges will be provided prior to your scheduled appointment. However additional services may be provided during your visit that may not be included in your estimate.
- If you do not have insurance coverage for our services, you will be required to pay for your office visits and procedures at the time-of-service.
- If you have an application with AHCCCS pending approval as a courtesy we will defer your billing until a determination of your status has been received. However if coverage is not active within 30 days of your initial appointment all charges will be your responsibility and any future appointments will require payment at time of service.
- If you are insured, there may be an insurance co-pay, deductible or co-insurance due at time – of-service. VPS will submit our services to your insurance company for payment; you are responsible for the balance of the account and any portion not paid by your insurance. Please notify us of any changes in your insurance plan or coverage as soon as possible to help in receiving payments from your insurance provider.
- There are many insurance plans, some with limitations and riders specific to you. It is your responsibility to check with your insurance provider to ensure that our services will be covered. If you are out-of-network different co-pays and deductibles will apply.
- Statement balances are due upon receipt. A \$10.00 late fee will be added to your account if the balance is not paid within 30 days. A \$50.00 late fee will be added to your account if the balance is not paid within 60 days. In the event your account is sent to an outside collection agency, an additional fee of 35% of the total balance will be added to your account.
- Statement balances over 90 days past due will be sent to an outside collection agency and subject to an additional collection fee and legal action may be pursued. If your account is sent to collections, further services by Valley Perinatal Service will require approval of a VPS Provider.
- In the event an overpayment has been made on the account, a full audit will be completed. A refund will be issued 90 days after all claims have been processed by the payor. If you are a co-managed obstetrical care patient, a refund will be issued after delivery.
- For your convenience, we can keep your credit and/or debit card on file and after insurance processes we can run any outstanding balance on your card.
- If you receive a statement from us and have any questions, please contact a member of our billing team at (480) 467-2175.

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Appointment Information:

- VPS will make best efforts to remind all patients 24-48 hours in advance of their appointment. **If you are unable to keep an appointment you must call our office at least 24hrs in advance during regular office hours to avoid a \$100.00 missed appointment fee.** Provider approval to schedule another appointment is required for all patients who miss a scheduled appointment.

Request Medical Records:

- There is a \$50.00 charge to provide a personal copy of your medical records. Please allow 14 business days for medical records to be copied. VPS will charge \$50.00 to provide a copy of the ultrasound images for copy requests advanced after the date of service.

ACCEPTANCE OF TERMS

I certify that I have read and fully understand the policies of Valley Perinatal Services. I realize that I am responsible for my charges and any additional charges and legal fees assessed to my account resulting from VPS actions to collect on overdue balances.

Signature (patient or legally responsible party)

Date

ASSIGNMENT OF BENEFITS

I authorize Valley Perinatal Services to bill my insurance company and to receive payments on my behalf from them. I authorize the physician to release information required for filing the necessary insurance claim forms.

Signature of legally responsible party

Date

WAIVER OF ASSIGNMENT OF BENEFITS

I understand by not signing the above assignment of benefits, I will be responsible for 100% of all charges incurred at the time of service.

Signature of legally responsible party

Date



NOTICE OF PRIVACY PRACTICES (NPP)

Effective Date: March 2013

Revised Date: Dec 2014

This notice describes how medical information about you may be used and disclosed and how you can get access to this information. Please review it carefully.

Valley Perinatal Services respects your privacy. We understand that your personal health information is very sensitive. We will not disclose your information to others unless you tell us to do so, or unless the law authorizes or requires us to do so.

The law protects the privacy of the health information we create and obtain in providing our care and services to you. For example, your protected health information includes your symptoms, test results, diagnoses, and treatment, health information from other providers, and billing and payment information relating to these services. Federal and state law allows us to use and disclose your protected health information for purposes of treatment and health care operations. State law requires us to get your authorization to disclose this information for payment purposes.

Examples of Use and Disclosures of Protected Health Information for Treatment, Payment, and Health Operations:

For treatment:

- We may use or disclose your PHI to provide you treatment or services, and to manage and coordinate your medical care. For example Information obtained by a technologist, physician or other member of our health care team will be recorded in your medical record and used to help decide what care may be right for you.
- We may your PHI to our business associates who perform functions on our behalf or provide us with services if the PHI is necessary for those functions or services.
- We may also provide information to others providing your care. This will help them stay informed about your care.

For payment:

- We request payment from your health insurance plan. Health plans need information from us about your medical care. Information provided to health plans may include your diagnoses; procedures performed, or recommended care.
- If you have paid out of pocket in full for your services, you have the right to ask that your PHI with respect to that service not be disclosed to a health plan for purposes of payment or health care operations.

For health care operations:

- We use your medical records to assess quality and improve services.
- We may use and disclose medical records to review the qualifications and performance of our health care providers and to train our staff.
- We may contact you to remind you about appointments and give you information about treatment alternatives or other health-related benefits and services.
- We may use and disclose your information to conduct or arrange for services, including:
 - medical quality review by your health plan;
 - accounting, legal, risk management, and insurance services;
 - audit functions, including fraud and abuse detection and compliance programs.

Your Health Information Rights

The health and billing records we create and store are the property of the practice. The protected health information in it, however, generally belongs to you. You have a right to:

- Receive, read, and ask questions about this Notice
- Ask us to restrict certain uses and disclosures. You must deliver this request in writing to us. We are not required to grant the request, but we will comply with any request granted.
- Request and receive from us a paper copy of the most current Notice of Privacy Practices for Protected Health Information ("Notice").
- Request that you be allowed to see and get a copy of your protected health information. If your PHI is maintained in an electronic format you may request that an electronic copy of your record be given to you. You may make this request in writing.
- Have us review a denial of access to your health information-except in certain circumstances.
- Ask us to change your health information. You may give us this request in writing. You may write a statement of disagreement if your request is denied. It will be stored in your medical record, and included with any release of your records.
- When you request, we will give you a list of disclosures of your health information. The list will not include disclosures to third-party payors. You may receive this information without charge once every 12 months.
- Ask that your health information be given to you by another means or at another location. Please sign, date, and give us your request in writing.
- Be notified upon a breach of any of your unsecured PHI.
- Cancel prior authorizations to use or disclose health information by giving us a written revocation. Your revocation does not affect information that has already been released.
- It also does not affect any action taken before we have it. Sometimes, you cannot cancel an authorization if its purpose was to obtain insurance.
- For help with these rights during normal business hours, please contact: Valley Perinatal Services, Privacy Officer, 480-756-6000.

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Our Responsibilities

We are required to:

- Keep your protected health information private
- Give you this notice
- Follow the terms of this notice

We have the right to change our practices regarding the protected health information we maintain. If we make changes, we will update this Notice.

You may receive the most recent copy of this Notice by calling and asking for it or by visiting our office to pick one up.

Questions or Concerns

If you have questions, want more information, or want to report a problem about the handling of your protected health information, you may contact our Privacy Officer at 480-756-6000.

If you believe your privacy rights have been violated, you may discuss your concerns with any staff member. You may also deliver a written complaint to the Privacy Officer at our office. You may also file a complaint with the U.S. Secretary of Health and Human Services.

We respect your right to file a complaint with us or with the U.S. Secretary of Health and Human Services. If you complain, we will not retaliate against you.

Notification of Family and Others

- Unless you object, we may release health information about you to a friend or family member who is involved in your medical care. We may also give information to someone who helps pay for your care. In addition, we may disclose health information about you to assist in disaster relief efforts.
- You have the right to object to this use or disclosure of your information. If you object, we will not use or disclose it.

We may use and disclose your protected health information without your authorization as follows:

- **Minors.** We may disclose the Protected Health Information of minor children to their parents or guardians unless such disclosure is otherwise prohibited by law.
- **With Medical Researchers.** If the research has been approved and has policies to protect the privacy of your health information. We may also share information with medical researchers preparing to conduct a research project.
- **To Funeral Directors/Coroners** consistent with applicable law to allow them to carry out their duties.
- **To Organ Procurement Organizations (tissue donation and transplant)** or persons who obtain, store, or transplant organs.
- **To the Food and Drug Administration (FDA)** relating to problems with food, supplements, and products.
- **To Comply with Workers' Compensation Laws** if you make a workers' compensation claim.
- **For Public Health and Safety Purposes as Allowed or Required by Law:**
 - to prevent or reduce a serious, immediate threat to the health or safety of a person or the public
 - to public health or legal authorities
 - to protect public health and safety
 - to prevent or control disease, injury, or disability
 - to report vital statistics such as births or deaths
- **To Report Suspected Abuse or Neglect** to public authorities
- **To Correctional Institutions** if you are in jail or prison, as necessary to your health and the health and safety of others.
- **For Law Enforcement Purposes** such as when we receive a subpoena, court order, or other legal process, or you are a victim of a crime
- **For Health and Safety Oversight Activities.** For example, we may share health information with the Department of Health.
- **For Disaster Relief Purposes.** For example, we may share health information with disaster relief agencies to assist in notification of your condition to family or others.
- **For Work-Related Conditions That Could Affect Employee Health.** For example, an employer may ask us to assess health risks on a job site.
- **To The Military Authorities of U.S. and Foreign Military Personnel.** For example, the law may require us to provide information necessary to a military mission.
- **In the Course of Judicial/Administrative Proceedings** at your request, or as directed by a subpoena or court order.
- **For Specialized Government Functions.** For example, we may share information for national security purposes.
- **Data Breach Notification Purposes.** We may use or disclose your PHI to provide legally required notices of unauthorized access to or disclosure of your health information.

Other Uses and Disclosures of Protected Health Information

- Uses and disclosures not in this Notice will be made only as allowed or required by law or with your written authorization.

We have a website that provides information about us at: www.valleyperinatal.com.

By signing, you acknowledge that we have provided you with this form of our privacy practices.

Patient's Name

Date



By signing below, I acknowledge that I have been provided with a copy of the Valley Perinatal Services Notice of Privacy Practices and have therefore been advised of how health information about myself may be used and disclosed by Valley Perinatal Services and how I may obtain access and control this information.

Signature of Patient or Guardian

Date

Print Patient name or Guardian

Description of Guardian

Please list who you want to have access to your pertinent medical information, (i.e.: family member, spouse)

1. _____
2. _____
3. _____

Preferred method of contact for test results:

| | | | |
|---------------|-------------------------|-----|----|
| Home # _____ | May we leave a message? | YES | NO |
| Cell # _____ | May we leave a message? | YES | NO |
| Work # _____ | May we leave a message? | YES | NO |
| Email # _____ | May we leave a message? | YES | NO |